

## Transition Year 2013 - 14

### Signing Up for Events, Activities, Challenges and Trips.

With the start now here, it's time to have a serious think about what you hope to gain from Transition Year. Probably the best approach is to decide that you'll try EVERYTHING. If you want to have an amazing TY you need to step out of your comfort zone, push yourself to do things you wouldn't normally do and have an open mind to everything that's offered. There's a world of possibilities available and this is the year when the go-getters, adventurers and achievers start to come to the fore. If your last few years have been very one-dimensional (if you've been stuck in the books or a rugby superstar for example), THIS is the year to start becoming a more interesting person and to show that there's more to you than ONE thing.

The next few months will provide you with the chance to experience things you've never done before, to build a brilliant CV of achievements, and to have some fantastic stories to look back on in the years ahead.

Remember:

OPEN your mind to new experiences

PUSH yourself to do activities that might be uncomfortable

TAKE RESPONSIBILITY for your own TY

DO NOT expect your parents to hold your hand and do any of this for you. You are old enough now!

Ok, so here we go...